STARTER

BALSAMIC OIL gf -v -ve Served with homemade bread.	£5.95
FETA OLIVES gf, v	£9.95
Marinated mixed olives with feta & homemade bread. HUMMUS & OLIVES gf, v	£9.95
Hummus & olives served with homemade bread.	~ ∂.∂∂
GARLIC BREAD gf -v -ve	£5.95
GARLIC BREAD WITH CHEESE gf- v	£6.75
GARLIC BREAD WITH TOMATO v	£6.75
MEXICAN GARLIC BREAD v	£6.75
SOUP OF THE DAY gf	£5.95
Please ask a member of staff for more details. PATE DELA CASA gf	£7.95
Sauteed chicken liver with herbs with salad, onion jam & buttered to	
BRUSCHETTA RUSTICA gf, v Tomatoes homemade bread, tornatoes, red onion, basil & balsamic.	£7.95
GARLIC MUSHROOM gf, v	£7.95
Sauteed mushrooms in creamy garlic sauce.	20
HALLOUMI CHEESE gf, v Grilled halloumni served with & sweet chill.	£8.95
MOZZARELLA STICKS v Deep fried mozzarella sticks served with & sweet chilli.	£8.95
INSALATA CAPRESE gf, v	£8.95
Fresh, sliced mozzarella & tomatoes served with olive oil & fresh basi	
$\begin{array}{c} \textbf{BLACK PUDDING gf} \\ \textbf{Grilled black pudding served with bacon \& peppercorn sauce.} \end{array}$	£8.95
PORK RIBS IN BBQ SAUCE gf	£9.95
KING PRAWN gf	£9.95
Sauteed king prawns with garlic butter, fresh chilli & white wine sau	.ce.
CALAMARI FRITTI	£ 9.95
Deep fried flour dusted calarnari lemon tartar sauce.	
COZZE AL VINO BIANCO Mussels cooked in garlic, chillia white wine sauce.	£9.95



PASTA

SPAGHETTI BOLOGNESE gf	£12.95
Spaghetti pasta served with traditinonal bolognese sauce.	
SPAGHETTI CARBONARA gf	£12.95
Spaghetti pasta served wth a creamy bacon & parmesan cheese sauce.	
LASAGNE AL FORNO gf	£13.95
Layers of pasta with beechamel bolognese sauce topped with cheese & oven baked.	
CANELLONI DI CARNE	£13.95
Rolled pasta sheets filled with slowly cooked beef & spinach	
PENNE ARABIATTA gf	£13.95
Spicy chicken pasta with peppers, onion, mushroom & fresh chilli in a cream	
tomato sauce.	
STEAK & MUSHROOM PASTA gf	£14.95
Penne pasta with strips of sirloin steak, onion & mushrooms cooked in a creamy demi glace sauce.	
PASTA VEGETARIAN gf- v- ve	£13.95
Any choice of pasta in a creamy tomato sauce with mixed vegetables.	~10.00
LINGUINE MARINARA gf	£15.95
Linguine pasta with mixed seafood, fresh chilli in a creamy tomato sauce	
RISOTTO MARINARA gf	£15.95
Italian rice with mixed seafood in a creamy tomato sauce.	
CHICKEN MUSROOM RISOTTO gf	
Italian rice with chicken, mushrooms, mixed peppers & tomato sauce with a to	uch of cream.
RAVIOLI ALA ARAGOSTA	£15.95
Lobster filled ravioli served in lobster sauce & prawns.	



DALLA PIZZERIA

MARGHERITA gf.v	£11.95
Tomato sauce & mozzarella cheese.	
CALABRESE gf	£12.95
Tomato sauce, mozzarella cheese & pepperoni	
DIAVOLA gf	£13.95
Tomato sauce, mozzarella cheese, red onion, pepperoni & chilli.	
CARBONARA PIZZA gf	£13.95
Mozzerella cheese, carbonara sauce, bacon parmsane garlic.	
LA MAMA PIZZA gf	£13.95
Cheddar cheese mozerella, tomato sauce, roasting onion.	
MARINARA gf	£14.95
Tomato sauce, mozzarella cheese & mixed seafood	
MIGHTY MEATY gf	£14.95
Tomato sauce, mozzarella cheese, pepperoni, chicken, chorizo & ham.	
CALZONE LA MAMA	£13.95
Folded nizza with tomato sauce mozzarella cheese chicken chorizo & onion	



THE GRILL

KOFTE gf		£21.95
Lean, tender minced lamb & k yoghurt, rice, tortilla wrap & s	peef marinated then grilled, served with garlic salad.	
CHESEE MOON KO	FTE gf	£22.95
British lamb mince, top mozz	arella with gravy sauce served with chips.	
CHICKEN WINGS 9	gf	£20.95
Wings, salad, tomato, pepper	served wiht rice, tortilla wrap.	
CHICKEN SKEWER	S gf	£21.95
Marinated & grilled on skewe	rs served with rice, tortilla wrap, fresh salad & dips.	
LAMB SKEWERS gf		£22.95
	rs served with rice, tortilla wrap, fresh salad & dips.	
FILLET STEAK gf		£29.95
Steak dip carrot puree sauce	seasonalvegetables & fries.	
SIRLOIN STEAK gf		£25.95
Steak dip carrot puree sauce	seasonal vegetables & fries.	
MIX GRILL gf		£36.95
Chicken & lamb sish,grilled me	eatballs,marinated chicken fillet,pork ribs,chicken	
wings served with rice ,fries to	rtilla wraps ,salad & dips.	
SAUCES		£1.90
Peppercorn, diana, mexican o	or dolcelatie.	

SIDES

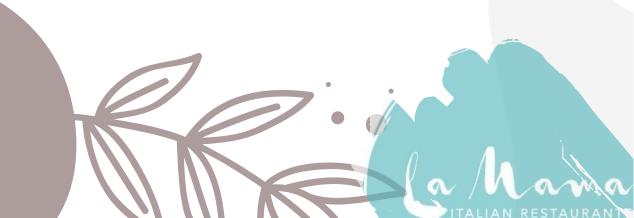
CHIPS gf-v-ve	£3.20
FRIES gf-v-ve	£3.20
SWEET POTATO FRIES gf-v-ve	£4.50
MIXED SALAD gf-v-ve	£3.50
ONION RINGS gf-v-ve	£3.50
RICE gf-v-ve	£ 2.95
SEASONAL VEGETABLES gf-v-ve	£4.50



served with rice.

MAINS

POLLO ALA CREAMA gf	£19.95
Pan fried chicken breast cooked with mushrooms in a creamy sauce served	
with chips.	
CHICKEN STROGANOFF gf	£21.95
Strips of sauteed chicken fillet cooked with onion, mustard, brandy & mushrooms served with rice.	
BEEF STROGANOFF gf	£25.95
Strips of sauteed beef fillet cooked with onion, mustard, brandy & mushrooms served with rice.	
CHICKEN SAUTE gf	£21.95
Chicken mix pepper tomato sauce served with rice.	
BEEF SAUTE gf	£24.95
Beef mix pepper tomato sauce served with rice.	
CHICKEN MEXICANA gf	£23.95
Chicken mix pepper chili, mushroom sweet chili sauce served with rice.	
BEEF MEXICANA gf	£25.95
Beef mix pepper, pepper mushroom, sweet chili sauce served with rice.	
CHICKEN WITH BBQ SAUCE	£22.95
Chicken mix pepper mushroom bbq sauce served with rice and salad.	
TUSCAN SALMONE gf	£21.95
Creamy garlic butter sauce, sun dried tomatoes & spinach served with rice.	
SEABASS gf	£22.95
Fillet of seabass cookeed with garlic, cherry tomatoes baby prawns and touch of white wine served with vegtables.	
GAMBERONI ALA MAMA gf Pan fried king prawns cooked in a spicy tomato sauce & a touch of cream	£24.95



COCKTAILS
PORNSTAR MARTINI
anilla vodka, passion fruit puree, vanilla syrup, fresh lime, pin

£10.45 neapple juice & prosecco shot.

FRENCH MARTINI £10.45 Smirnoff vodka, chambord, pineapple juice with pineapple wedge.

ESPRESSO MARTINI £10.45

Absolut espresso vodka, coffee liqueur, espresso & coffee beans.

£10.45 STRAWBERRY DAIQUIRI

Captain morgan original spiced rum, fresh lime juice, sugar syrup & fresh chopped strawberries.

THE ARMY NAVY £10.45

Sail into flavour with Dry gin, lemon juice, disaronno and angostura bitters.

APEROL SPRITZ £10.45

Aperol, dry prosecco topped with soda water & orange slice.

CLASSIC MOJITO £9.45 Bacardi rum, sugar, fresh lime, mint & a dash of soda with crushed ice.

OLD FASHIONED £9.95

Bourbon, brown sugar, angostura orange bitters & orange slice.

WOO WOO £9.95 Archers peach schnapps, premium vodka & cranberry juice with extra

TEQUILA SUNRISE £9.95

Don juilo tequila, fresh orange juice & grenadine syrup served on the rocks with a slice of fresh orange.

BLUE LAGOON £9.95

Smirnoff vodka, blue curacao liqueur, fresh lime juice topped with lemonade & garnished with lime, enjoy on the rocks.

MARGARITA £10.45

Don julio tequila, fresh lime juice, triple sec orange liqueur, salt on the rim of the glass with a lime wedge to garnish.

SUMMER BREEZE £9.95

The perfect blend and taste of Bacardi rum, blue curação, pineapple juice with crushed ice.

BRAMBLE £9.95

Bombay bramble gin, fresh squeezed lemon juice, grenadine syrup, fresh mushed blackberries garnished with lemon & berries.

RAINBOW PARADISE £9.95 Smirnoff vodka, blue curação, orange juice, grenadine, tasty fusion of flavors.

PINA COLADA

£10.45 Malibu, bacardi, coconut cream & pineapple juice.

£10.45

£10.45

SEX ON THE BEACH £9.95

Archers, premium vodka, orange, cranberry juice & dash of granadine with orange

LONG ISLAND ICED TEA Premium vodka, bom bay sapphire gin, havana club rum, tequila, lemon juice, triple sec

topped with & coca-cola.

TROPICAL EMERALDA

Smirnoff vodka, midori melon liqueur, lemon juice, orange juice and top

LAMAMA ITALIAN RESTAURANT ALA CARTE

RED W	INE		
MERLOT VENTO Full bodied with a sapid round, slightly tannic taste.	175ml £6.50	250ml £7.50	bottle £18.95
SHIRAZ Delicious ripe berries, plum & hints of pepper	175ml £6.95	250ml £7.95	bottle £21.95
CABERNET SAUVIGNON			£25.95
Intense red colour, the bouquet is slightly grapleasant & full bodied.	assy, tannic, ri	ghtly acidic,	
MONTEPULCIANO D'ABRUZZ Dark red colour, good tannin & ripe fruit aron			£25.95
CHIANTI DOCG			£29.95
VALPOLICELLO			£31.95
SALENTO PRIMITIVO SASSEO Prominent tobacco & leather on the nose, ripo blueberries with hints of cocoa.		&	£31.95
SALICE SALENTINO Intense ruby red & hints of black cherry.			£33.95
CHIANTI CLASSICO DOCG Ruby red wine that expresses character, fresh	ıness, laced wi	th cherry &	£36.95
violet aromas. BAROLO 'VOLPI' DOCG Ripe red berries, well rounded, soft & elegant.			£46.95
AMARONE 'ELITE' BENNATI			£48.95
ROSE	WIN	E	
PINOT GRIGIO ROSE Dry, well balanced, aromatic & fruity. ZINFANDEL Delicate blush ping, fresh & lively wine, refreshing strawberry finish.	175ml £6.95 175ml £6.95	250ml £7.95 250ml £7.95	bottle £21.95 bottle £22.95
WHITE	$\mathbf{E} \mathbf{W} \mathbf{I}$	NΕ	
CHARDONNAY Fruity bouquet with exotic notes	175ml £6.50	250ml £7.50	bottle £18.95
SAUVIGNON BLANC Crisp & refreshing, pairs well with seafood	175ml £6.95	250ml £7.95	bottle £22.95
PINOT GRIGIO Distinct, fruity, intense bouquet & fresh taste.	175ml £6.95	250ml £7.95	bottle £22.95
VIOGNIER Long aromatic, apricots, peaches & lemons.			£35.95
IMBUKU CHENIN BLANC Lively fruit wine, crisp & balanced aroma.			£33.95
PECORINO			£35,95

N RESTAURANT

Citrus aroma, very pleasant bouquet.

GAVI DI GAVI DOCG Fresh & dry, particularly characterful

LAMAMA ITALIAN RESTAURANT

COINTREAU

BAILEYS

TIA MARIA

DISARONNO

£6.00

£6.00

£6.00

£6.00

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VOTKA 50ml SHOOTS

	SMIRNOFF	£6.00	LIMONCELLO		£3.50		
	ABSOLUT	£6.00	SAMBUCA		£3.50		
	GREY GOOSE	£7.00	SOURZ		£3.50		
	CIROC	£7.00	TEQUILA		£3.50		
	BELVEDERE	£7.00	GRAPPA		£3.50		
			JAGERBOMB		£4.00		
	WHISKEY 50ml		BABY GUINNESS		£3.50		
			B: 12 1 G C I : 1 12 5				
	JACK DANIELS	£7.00	DRAUGHT BI	EERS			
	JIM BEAM	£7.00		half	pint		
	BELLS	£7.00	PERONI	£3.10	£5.90		
	JOHNNIE WALKER	£7.00	GROLSCH	£2.75	£4.90		
	JAMESON	£7.00	CORNISH	£2.75	£4.90		
	FAMOUS GROUSE	£7.00	PALE ALE	£3.10	£5.90		
	CHIVAS REGAL	£7.50					
	SOUTHERN COMFORT	£7.00					
	GIN 50ml		BOTTLED	BEERS			
	GORDON'S	£6.00	CORONA		£4.00		
	GORDON'S SLOE	£6.00	BUDWEISER		£4.00		
	GORDON'S PINK	£6.00	DESPERADOS		£4.00		
	BEEFEATER	£6.00	PERONI		£4.00		
F.3	BEEFEATER PINK	£7.00	BECKS BLUE 0% alo		£4.00		
	BOMBAY SAPPHIRE	£7.00	KOPPARBERG Mixe		£5.95		
	TANQUERAY SEVILLA	£7.00	KOPPARBERG strav	•	lime £5.95		
	TANQUERAY	£7.00	SOFT D				
	LAKES ELDERFLOWER	£7.00		half	pint		
	KOPPARBERG	£7.00	COCA-COLA	£2.95	£4.50		
7	WHITLEY NEIL	£7.00	DIET COKE	£2.95	£4.50		
	HENDRIKS	£7.00	FANTA	£2.95	£4.50		
	BROCKMANS	£7.00	LEMONADE	£2.95	£4.50		
	RUM 50ml		APPLE JUICE	£2.95	£4.50		
	KOM JOHN		PINEAPPLE JUICE	£2.95	5 £4.50		
	CAPTAIN MORGAN	£6.00	CRANBERRY JUICE	£2.95	£4.50		
7	BACARDI RUM	£6.00	ORANGE JUICE	£2.95	£4.50		
	SAILOR JERRY SPICE	£6.00	J2O ask for flavours	S	£2.95		
	HAVANA CLUB	£6.00	APPLETISER		£2.95		
	MALIBU	£6.00	SODA WATER		£2.00		
			MEDITERRANEAN'	TONIC	£2.50		
	BRANDY 50ml		SLIMLINE TONIC		£2.50		
	MARTELL	£6.00	INDIAN TONIC		£2.50		
	REMY MARTIN	£7.00	ELDERFLOWER TO	NIC	£2.50		
	COURVOISIER	£7.00	GINGER ALE	1	£2.50		
	SPIRITS 50ml		MILK		£1.90	1	
			RED BULL	1	£2.95	Ma	M
	PIMMS	£6.00	FRUIT SHOOT		00.07	LIAN RES	TALLE
	DRAMBUIE LIQUEUR	£6.00	STILL WATER		£2.95	LIAN RES	
	MARTINI	26.00	SPARKLINK WATER	R	£2.95		
	GRAPPA	£6.00		-			
	ARCHERS	£6.00	ALLERGY ADVICE Before y please speak to a member of				
	SHERRY	£6.00	about our ingredients or fo	•			
	COINTEDEATI	00.00	dishes may contain bones. Al	l dishes are s	subject to availability	y.	

about our ingredients or for allergy information. Some fish dishes may contain bones. All dishes are subject to availability. gf gluten free | v vegetarian | ve vegan

Whilst we take every care to preserve the integrity of our gluten free, vegetarian and vegan products, we must advise that these products are handled in amulti-use kitchen environment.