

STARTER

SOUP OF THE DAY -gf	£5.95
FETA OLIVES -gf -v Marinated mixed olives with feta & homemade bread.	£9.95
HUMMUS & OLIVES -gf-v Hummus & olives served with homemade bread.	£9.95
GARLIC BREAD -gf --v --ve	£6.95
GARLIC BREAD WITH CHEESE -gf -v	£9.95
GARLIC BREAD WITH TOMATO -gf--v	£9.95
MEXICAN GARLIC BREAD -v	£9.95
PATE DELA CASA -gf - v Sautéed chicken liver with herbs, salad, onion jam & buttered toast.	£8.95
BRUSCHETTA RUSTICA -gf -v Tomatoes, red onion, basil & balsamic on homemade bread.	£8.95
GARLIC MUSHROOM -gf - v Sautéed mushrooms in creamy garlic sauce.	£8.95
HALLOUMI CHEESE -gf - v Grilled halloumi served with sweet chilli.	£8.95
MOZZARELLASTICKS-v Deep-fried mozzarella sticks with sweet chilli.	£8.95
INSALATA CAPRESE -gf -v Fresh mozzarella & tomatoes with olive oil & basil.	£8.95
BLACK PUDDING Grilled black pudding with bacon & peppercorn sauce.	£8.95
KING PRAWN - gf Sautéed king prawns in garlic butter, chilli & white wine sauce.	£9.95
CALAMARI FRITTI Deep-fried calamari with lemon tartar sauce.	£9.95
PORK RIBS IN BBQ SAUCE	£9.95
TURKISH SUCUK Grilled seasoned sausage ,served with a tortilla wrap & sweet chilli dip.	£7.95

Available upon request: 🌿 Gluten-Free • 🍷 Vegetarian • 🌱 Vegan

PASTA

SPAGHETTI BOLOGNESE -GF **£13.95**

Spaghetti pasta served with traditinonal bolognese sauce.

SPAGHETTI CARBONARA -gf **£13.95**

Spaghetti pasta served with a creamy bacon & parmesan cheese sauce.

LASAGNEAL FORNO -gf **£14.95**

Layers of pasta with béchamel bolognese sauce topped with cheese and oven-baked.

PENNE ARABIATTA -gf **£14.95**

Spicy chicken pasta with peppers, onion, mushroom and fresh chilli in a cream tomato sauce.

STEAK & MUSHROOM PASTA -gf **£14.95**

Penne pasta with strips of sirloin steak, onion & mushrooms cooked in a creamy demi glace sauce.

PASTA VEGETARIAN -gf - v- ve **£13.95**

Penne pasta with peppers, onion, mushroom and fresh chilli in a cream tomato sauce.

LINGUINE MARINARA -gf **£15.95**

Linguine pasta with mixed seafood, fresh chilli in a creamy tomato sauce

RISOTTO MARINARA -gf **£15.95**

Italian rice with mixed seafood in a creamy tomato sauce.

CHICKEN MUSROOM RISOTTO -gf **£14.95**

Italian rice with chicken, mushrooms, mixed peppers with cream sauce.

RAVIOLI ALAARAGOSTA -gf **£15.95**

Lobster filled ravioli served in lobster sauce and prawns.

SPAGHETTI AMATRICIANA -gf **£13.95**

With slow cooked pancetta, red onion, chilli, tomatoes sauce

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PIZZA

MARGHERITA -gf- v **£12.95**

Tomato sauce & mozzarella cheese.

CALABRESE -gf **£13.95**

Tomato sauce, mozzarella cheese and pepperoni

DIAVOLA -gf **£13.95**

Tomato sauce, mozzarella cheese, red onion, pepperoni & chilli.

LA MAMA PIZZA -gf **£14.95**

Tomato sauce, Cheddar cheese, mozzarella cheese, bacon, chicken, onion, and fresh chilli.

MARINARA -gf **£14.95**

Tomato sauce, mozzarella cheese & mixed seafood

MIGHTY MEATY -gf **£14.95**

Tomato sauce, mozzarella, pepperoni chicken, ham, beef strips.

CALZONE LA MAMA **£13.95**

Folded pizza with tomato sauce, mozzarella cheese, chicken, ham, onion, and pepperoni.

MAKEYOUR OWN PIZZA -gf **£13.95**

Tomato sauce, mozzarella cheese, choice of 3 toppings: pepperoni, ham, chicken, Bolognese, onion, mushroom, fresh chilli, mixed pepper, sweetcorn, pineapple, baby prawn, and mussels.

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THE GRILL

KOFTE -gf £22.95

Lean, tender minced lamb and beef marinated then grilled, served with garlic yoghurt, rice, tortilla wrap and salad.

ISTANBUL KÖFTE -gf £22.95

Grilled lamb kofte on the mint yogurt sauce , tomato sauce served with rice and tortillas wrap.

CHICKEN WINGS -gf £17.95

Wings, salad, tomato, pepper served with rice, tortilla wrap.

CHICKEN SKEWERS -gf £21.95

Marinated & grilled on skewers served with rice, tortilla wrap, fresh salad & dips.

LAMB SKEWERS -gf £22.95

Marinated & grilled on skewers served with rice, tortilla wrap, fresh salad & dips.

FILLET STEAK -gf £32.95

Served with a seasonal vegetables & fries.

SIRLOIN STEAK -gf £27.95

Served with a seasonal vegetables & fries.

MIX GRILL -gf £32.95

Steak, chicken shish, lamb shish, grilled meatballs, pork ribs, chicken wings served with rice , salad , fries , tortilla wrap dips.

T BONE STEAK -gf £39.95

T BONE steak served with baby potatoes, asparagus ,sweetcorn & peppercorn sauce.

LOKUM STEAK -gf £32.95

From the fillet, the best combination of tenderness flavour served with baby potatoes , sweetcorn & peppercorn sauce.

LOKUM CHICKEN -gf £27.95

Tie chicken is the best combination of tenderness and flavour, served with baby potatoes, sweetcorn, and peppercorn sauce.

SAUCES £1.90

Peppercorn,diana, mexicanor dolcelatie.

LA MAMA SHARING PLATTER

for two £55 for four £110

Steak, tie chicken, kofta, lamb shish, chicken wings, pork ribs, chicken shish & Turkish sucuk, Salad, rice, hummus, tortilla wraps, fries, yoghurt mint sauce, sweet chilli.

MAINS

POLLO ALA CREMA -gf £19.95

Pan-fried chicken breast cooked with mushrooms in a creamy sauce served with chips.

CHICKEN STROGANOFF -gf £22.95

Strips of sautéed chicken fillet cooked with onion, mustard, brandy, and mushrooms served with rice.

BEEF STROGANOFF -gf £25.95

Strips of sautéed beef fillet cooked with onion, mustard, brandy, and mushrooms served with rice.

TAVUK SAUTE -gf £22.95

Strips chicken fillet, onion, mix pepper, garlic, and tomato sauce served with rice.

SAC KAVURMA -gf £24.95

Diced beef, onion, mixed pepper, and garlic pan-fried together in a rich tomato sauce served with rice.

CHICKEN MEXICANA -gf £23.95

Strips of chicken fillet, onion, garlic, mixed pepper, mushroom, fresh chilli, and rich tomato sauce served with rice.

SAFFRON SALMONE -gf £24.95

Creamy saffron served with a vegetables.

SEABASS -gf £23.95

Pan fried fillet of seabass cooked with garlic, capers, tomatoes, baby prawns and a touch of white wine served with vegetables.

GAMBERONI LA MAMA -gf £25.95

Pan fried king prawns cooked in a spicy tomato sauce and a touch of cream served with rice.

SIDES

Chips -gf £3.50

Fries -gf £3.50

Mix salad -gf £3.50

Seasonal vegetables -gf £4.50

Asparagus -gf £4.00

Sweet potato fries -gf £5.95

SPIRITS

VODKA 50 ML

SMIRNOFF	£6.50
ABSOLUT	£6.50
GREY GOOSE	£8.50
CIROC	£8.50
BELVEDERE	£8.50

RUM 50 ML

CAPTAIN MORGAN	£6.50
BACARDI RUM	£6.50
SAILOR JERRY SPICE	£6.50
HAVANA CLUB	£6.50
MALIBU	£6.50

WHISKEY 50 ML

JACK DANIELS	£7.50
JIM BEAM	£7.50
BELLS	£7.50
JOHNNIE WALKER	£7.50
JAMESON	£7.50
FAMOUS GROUSE	£7.50
CHIVAS REGAL	£7.50
SOUTHERN COMFORT	£7.50

WHISKEY 50 ML

MARTELL	£6.50
REMY MARTIN	£8.50
COURVOISIER	£8.50

SPIRITS 50 ML

PIMMS	£6.50
DRAMBUIE LIQUEUR	£6.50
MARTINI	£6.50
GRAPPA	£6.50
ARCHERS	£6.50
SHERRY	£6.50
COINTREAU	£6.50
BAILEYS	£6.50
TIA MARIA	£6.50
DISARONNO	£6.50

GIN 50 ML

GORDON'S	£6.50
GORDON'S SLOE	£6.50
GORDON'S PINK	£6.50
BEEFEATER	£6.50
BEEFEATER PINK	£7.50
BOMBAY SAPPHIRE	£7.50
TANQUERAY SEVILLA	£7.50
TANQUERAY	£7.50
LAKES ELDERFLOWER	£7.50
KOPPARBERG	£7.50
WHITLEY NEIL various	£7.50
HENDRIKS	£7.50
BROCKMANS	£7.50

SHOTS

LIMONCELLO	£3.50
SAMBUCA	£3.50
SOURZ	£3.50
TEQUILA	£3.50
GRAPPA	£3.50
JAGERBOMB	£4.00
BABY GUINNESS	£3.50

RED WINE

	175ML	250ML	BOTTLE
MERLOT VENTO Full bodied with a sapid round, slightly tannic taste.	£6.50	£7.50	£21.95
SHIRAZ <i>Delicious ripe berries, plum & hints of pepper.</i>	£6.95	£7.95	£22.95
CABERNET SAUVIGNON <i>Intense red colour, the bouquet is slightly grassy, tannic, rightly acidic, pleasant & full bodied.</i>			£25.95
MONTEPULCIANO D'ABRUZZO Dark red colour, good tannin & ripe fruit aroma.			£26.95
CHIANTI DOCG			£31.95
VALPOLICELLO			£32.95
SALENTO PRIMITIVO SASSEO Prominent tobacco & leather on the nose, ripe blackberries & blueberries with hints of cocoa.			£33.95
SALICE SALENTINO Intense ruby red & hints of black cherry			£35.95
CHIANTI CLASSICO DOCG Ruby red wine that expresses character, freshness, laced with cherry & violet aromas.			£36.95
BAROLO 'VOLPI' DOCG Ripe red berries, well-rounded, soft & elegant.			£47.95
AMARONE 'ELITE' BENNATI			£49.95

ROSE WINE

	175ML	250ML	BOTTLE
PINOT GRIGIO ROSE Dry, well balanced, aromatic & fruity.	£6.95	£7.95	£21.95
ZINFANDEL Dry, well balanced, aromatic & fruity.	£6.95	£7.95	£22.95

W H I T E W I N E

	175ML	250ML	BOTTLE
CHARDONNAY Fruity bouquet with exotic notes	£6.50	£7.50	£21.95
SAUVIGNON BLANC Dry, well balanced, aromatic & fruity.	£6.95	£7.95	£23.95
PINOT GRIGIO Distinct, fruity, intense bouquet & fresh taste.	£6.95	£7.95	£23.95
VIOGNIER Long aromatic, apricots, peaches & lemons			£36.95
IMBUKU CHENIN BLANC Lively fruit wine, crisp & balanced aroma.			£34.95
PECORINO Citrus aroma, very pleasant bouquet			£36.95
GAVI DI GAVI DOCG Fresh & dry, particularly characterful.			£37.95

S P A R K L I N G

PROSECCHINO 200ml	£7.95
PROSECCO	£26.95
PROSECCO ROSE	£29.95
PROSECCHINO DOC TREVISO BRUT	£29.95
MONT ROSE SPUMANTE ROSATO DRY	£29.95
MOET & CHANDON IMPERIAL BRUT NV	£74.95