

HOT DRINKS

BREAKFAST TEA	£2.50
FLAVOURED TEA	£2.50
DECAF, EARL GREY, PEPPERMINT & GREEN	
AMERICANO	£3.25
LATTE	£3.50
CAPPUCCINO	£3.50
ESPRESSO	£3.50
HOT CHOCOLATE	£3.50
MOCHA	£3.50

SOFT DRINKS

	half	pint
COCA-COLA	£2.95	£4.50
DIET COKE	£2.95	£4.50
FANTA	£2.95	£4.50
LEMONADE	£2.95	£4.50
APPLE JUICE	£2.95	£4.50
PINEAPPLE JUI	£2.95	£4.50
CRANBERRY JUIE	£2.95	£4.50
ORANGE JUICE	£2.95	£4.50
J2O ASK FOR FLAVOURS	£2.95	
APPLETISER	£3.50	
SODA WATER	£2.00	
MEDITERRANEAN TONIC	£2.50	
SLIMLINE TONIC	£2.50	
INDIAN TONIC	£2.50	
ELDERFLOWER TONIC	£2.50	
GINGER ALE	£2.50	
MILK	£1.90	
RED BULL	£2.95	
FRUIT SHOOT	£1.95	
STILL WATER	£2.95	
SPARKLINK WATER	£2.95	

SPIRITS

DRAUGHT BEERS

	half	pint
LPERONI	£3.10	£5.90
GROLS	£2.75	£4.90
CORNISH	£2.75	£4.90
PALE ALE	£3.10	£5.90

BOTTLED BEERS

CORONA	£4.00
BUDWEISER	£4.00
DESPERADOS	£4.00
PERONI	£4.00
BECKS BLUE 0% alcohol	£4.00
KOPPARBERG (Mixed fruit	£5.95
KOPPARBERG	
(Strawberry & Lime	£5.95

RUM 50ML

CAPTAIN MORGAN	£6.50
BACARDI RUM	£6.50
SAILOR JERRY SPICE	£6.50
HAVANA CLUB	£6.50
MALIBU	£6.50

VODKA 50ML

SMIRNOFF	£6.50
ABSOLUT	£6.50
GREY GOOSE	£8.50
CIROC	£8.50
BELVEDERE	£8.50

COCKTAILS

• CLASSIC

PORNSTAR MARTINI	£10.45
Vanilla vodka, passion fruit puree, vanilla syrup, fresh lime, pineapple juice & prosecco shot.	
FRENCH MARTINI	£10.45
Smirnoff vodka, Chambord, pineapple juice with a pineapple wedge.	
ESPRESSO MARTINI	£10.45
Absolut espresso vodka, coffee liqueur, espresso & coffee beans.	
STRAWBERRY DAIQUIRI	£10.95
Captain Morgan Original Spiced Rum, fresh lime juice, sugar syrup & fresh chopped strawberries.	
MOJITO	£10.45
Bacardi rum, sugar, fresh lime, mint, and a dash of soda, served over crushed ice.	
OLD FASHIONED	£10.45
Bourbon, brown sugar, angostura bitters, orange bitters & orange slice.	
PINA COLADA	£10.45
Malibu, Bacardi, coconut cream & pineapple juice.	

SPIRITS 50ML

PIMMS	£6.50
DRAMBUIE LIQUEU	£6.50
MARTINI	£6.50
GRAPPA	£6.50
ARCHERS	£6.50
SHERRY	£6.50
COINTREAU	£6.50
BAILEYS	£6.50
TIA MARIA	£6.50
DISARONNO	£6.50

WHISKEY 50ML

JACK DANIELS	£7.50
JIM BEAM	£7.50
BELLS	£7.50
JOHNNIE WALKER	£7.50
JAMESON	£7.50
FAMOUS GROUSE	£7.50
CHIVAS REGAL	£7.50
SOUTHERN COMFO	£7.50
MARTELL	£6.50
REMY MARTIN	£8.50
COURVOISIER	£8.50

• CLASSIC

MARGARITA	£10.45
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Don Julio tequila, fresh lime juice, triple sec orange liqueur, salt on the rim of the glass with a lime wedge to garnish.

NEGRONI	£10.45
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A timeless classic: The perfect harmony of gin, Campari, and sweet vermouth — bold and balanced.

SEX ON THE BEACH	£10.45
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Archers, premium vodka, orange, cranberry juice & a dash of grenadine with an orange garnish.

• PRESTIGE

LA MAMA SPECIAL	£10.45
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A vibrant and refreshing house favourite: Gin meets lime and cranberry juice over crushed ice - crisp, sweet and unforgettable.

LONG ISLAND ICE TEA	£10.45
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Premium vodka, Bombay Sapphire gin, Havana Club rum, tequila, lemon juice, triple sec, & Coca-Cola.

WOO WOO	£9.95
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Archer's peach schnapps, Stolichnaya premium vodka & cranberry juice with extra shimmer.

TEQUILA SUNRISE	£9.95
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Don juilo tequila, fresh orange juice & grenadine syrup served on the rocks with a slice of fresh orange.

BLUE LAGOON	£9.95
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Smirnoff vodka, blue curacao liqueur, fresh lime juice, topped with lemonade & garnished with lime, enjoy on the rocks.

• SPRITZ

APEROL SPRITZ	£10.45
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Aperol, dry prosecco topped with soda water & orange slice.

LIMONCELLA SPRITZ	£10.45
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A sunny and zesty twist: sweet Limoncello, bubbly prosecco, and a splash of soda for a bright, citrus-forward experience.

HUGO SPRITZ	£10.45
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(St. Germain / elderflower)Delicate and floral: elderflower liqueur with mint, lime, and prosecco — a refreshing breeze in a glass.

MOKTAILS

MILKSHAKES	£7.95
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Choice of chocolate, strawberry or vanilla.

VIRGIN MOJITO	£7.95
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Fresh mint, lime & sugar syrup with soda water.

TROPICAL BLUSH	£7.95
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A radiant fusion of passion fruit , pineapple ,orange & cranberry your choice.

SPIDER MAN	£7.95
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Apple juice, Cranberry juice

BREAKFAST & LUNCH MENU

La Mama

ITALIAN RESTAURANTS

BREAKFAST

Served Saturday & Sunday 9:30am until 12:00pm

SMALL ENGLISH BREAKFAST -gf £7.95

1 rasher of bacon, 1 sausage, 1 egg, tomatoes, mushrooms, hash brown, beans, black pudding & slices of toast with butter.

LARGE ENGLISH BREAKFAST -gf £9.95

2 rashers of bacon, 2 sausages, eggs, tomatoes, mushrooms, a hash brown, beans, black pudding, and slices of toast with butter.

VEGETARIAN BREAKFAST -gf £9.95

2 fried eggs, smashed avocado, grilled halloumi, beans, tomato, mushrooms, mozzarella stick, hash brown & a slice of toast.

MAKE YOUR OWN BREAKFAST -gf £6.95

2 slices of white or brown toast & 4 items of your choice: bacon, sausage, black pudding, eggs, tomatoes, mushrooms, hash brown, beans, fried bread. **Extra items priced per item: +£1.20**

CHEESE ON TOAST -gf £7.90

2 slices of toast topped with mozzarella cheese.

CHEESE & TOMATO ON TOAST -gf £7.90

2 slices of toast topped with tomato & mozzarella cheese.

WELSH RAREBIT £8.90

Mozzarella cheese on toast with 2 poached eggs.

SMOKED SALMON & SCRAMBLED EGG ON TOAST -gf £9.50

Smoked salmon & scrambled egg with 2 slices of brown toast.

EGGS AVOCADO -gf £8.50

2 poached eggs, avocado & roasted vine tomatoes on granary toast & choice of white or brown toast.

BREAKFAST BARMS

BACON BARM	£4.90
BACON & EGG BARM	£5.20
SAUSAGE BARM	£4.90
SAUSAGE EGG BARM	£5.20

OMELETTES

Served everyday until 3pm

LA MAMA OMELETTE -gf	£8.95
Feta & tomato omelette served with garnish & white or brown toast.	
SPANISH OMELETTE -gf	£8.95
Cheese, mixed pepper & tomato omelette served with garnish & choice of white or brown toast.	
MAKE YOUR OWN OMELETTE -gf	£8.95
With your choice of 3 items: cheese, mushrooms, tomato, onion, bacon, ham, chicken, or feta cheese served with garnish and a choice of white or brown toast.	

LUNCH

HOME MADE STEAK PIE	£14.95
Served with chips, peas & gravy.	
BEER BATTERED HADDOCK	£14.95
Fresh haddock dipped in our homemade beer batter served with chips, peas & tartar sauce.	
LASAGNE -gf	£12.95
Layers of pasta with béchamel and Bolognese sauce topped with cheese and oven-baked.	
SPAGHETTI BOLOGNESE -gf	£12.95
Spaghetti pasta served with bolognese sauce.	
SPAGHETTI CARBONARA - gf	£12.95
Spaghetti pasta served in cream, bacon & parmesan cheese sauce	
PASTA VEGETARIAN -gf	£10.95
Penne pasta with mixed peppers, onion, mushroom, fresh chilli in a cream tomato sauce.	
LINGUINE MARINARA -gf	£14.95
Linguine pasta served with mixed seafood in a chilli cream & tomato sauce	
MAKE YOUR OWN PIZZA -gf	£12.95
Tomato & mozzarella with a choice of 3 toppings; pepperoni, ham, chicken, onion, mushrooms, sweetcorn, mixed peppers, chilli & pineapple	

SALADS

CHICKEN CAESAR SALAD -gf	£9.95
Chicken, bacon, croutons, lettuces & parmesan. served with caesar dressing.	
GREEK SALAD -gf	£10.95
Mix salad, feta, olives dressing.	

WRAPS

Served in a tortilla wrap with fresh salad & fries

CHICKEN SKEWER	£10.95
Marinated cubes of chicken breast chargrilled.	
CRISPY CHICKEN WRAP	£10.95
Chicken breast coated in breadcrumbs and deep fried with a sweet chilli.	
KOFTE WRAP	£11.95
Lean and tender lamb mince meatball, marinated and grilled.	
LAMB SKEWER	£11.95
Marinated cubes lamb leg, grilled.	

BURGERS

LAMAMA BURGER	£10.95
Beef burger, bacon, cheddar cheese, lettuce, tomato, pickle & fries.	
CHICKEN BURGER	£9.95
Grilled chicken fillet with lettuce, tomato, pickle, and fries.	
ZINGER BURGER	£10.95
Breadcrumbs spicy chicken fillet with lettuce, tomato, pickle, and fries.	

SIDES

CHIPS -gf	£3.50
FRIES -gf	£3.50
SWEET POTATO FRIES -gf	£5.95
MIXED SALAD -gf	£3.50
ONION RINGS	£3.50
RICE -gf	£2.95
SEASONAL VEGETABLES -gf	£4.50

ALLERGY ADVICE

Before you order your food and drinks, please speak to a member of staff if you would like to know about our ingredients or for allergy information. Some fish dishes may contain bones. All dishes are subject to availability. gf gluten free | v vegetarian | ve vegan. Whilst we take every care to preserve the integrity of our gluten-free, vegetarian, and vegan products, we must advise that these products are handled in a multi-use kitchen environment.

Available upon request: 🌿 Gluten-Free • 🥬 Vegetarian • 🌱 Vegan