

Tuesday-Thursday

12pm - 9pm

Friday

12pm - 7pm



# Menu

## EARLY BIRD

2 courses **£15.95** | 3 courses **£18.95**

### STARTERS

*All starters served with La mama special dressing mixed leaf salad*

#### **SPICY GRILLED LAMB MEATBALLS -gf**

Meatballs served on a splash of spicy roast house tomato sauce.

#### **SPICY TURKISH SAUSAGE**

Spicy Turkish sausage served with tortilla and sweet chilli.

#### **PICHO DI POLLO - gf**

Chicken skewers marinated in a mix herbs and spices served with spicy mayonnaise sauce.

#### **BLACK PUDDING**

Grilled black pudding served with bacon & peppercorn sauce

#### **BRUSCHETTA RUSTICA-gf-v-ve**

Tomatoes , red onion , basil & balsamic on a home made bread.

#### **MOZZERELLA STICK**

Deep-fried mozzarella sticks with sweet chilli.

#### **CALAMARI**

Crispy fried calamari served with home made tartar sauce.

#### **PATE DELA CASE - gf**

Sautéed chicken liver with herbs, salad , onion jam and buttered toast.

#### **SOUP OF THE DAY**

### MAIN COURSE

#### **GRILLED CHICKEN BREAST -gf**

Grilled chicken breast served with garlic & creamy baby potatoes .

#### **PENNE ARABIATTA -gf**

Spicy chicken pasta with peppers , mushroom , onion , chilli in a creamy tomato sauce .

#### **SPAGHETTI CARBONARA-gf**

Spaghetti pasta served with a creamy bacon & Parmesan cheese sauce.

#### **SPAGHETTI BOLOGNAISE -gf**

Spaghetti pasta served with traditinoal bolognese sauce.

#### **SIRLOIN STEAK -gf**

Served with peppercorn sauce & fries.

#### **CHICKEN TERIYAKI -gf**

Teriyaki sauce drizzled chicken breast , mix pepper served with rice .

#### **BEEF TERIYAKI -gf**

Teriyaki sauce drizzled beef strips , mix pepper served with rice .

#### **PASTA VEGETARIAN gf-v-ve**

Penne pasta with mix peppers , onion , mushroom and fresh chilli in a creamy tomato sauce.

#### **MAKE YOUR OWN PIZZA - v-ve**

Tomato sauce ,mozzarella cheese choice of 3 toppings: pepperoni , chicken, bolognese, ham , mushroom , onion , mix peppers , sweetcorn , pineapple , fresh chilli

### DESSERTS

**LEMON CHEESE CAKE**

**WARM CHOCOLATE FUDGE CAKE**

**CRÈME BRÛLÉE**

\*Early Bird offer excluded in December or Bank Holidays